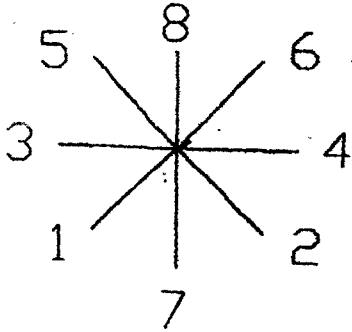


**IAI {LEVEL ONE} GREEN BELT  
REQUIREMENT**

**IAI  
LEVEL I  
(Green Requirement)**

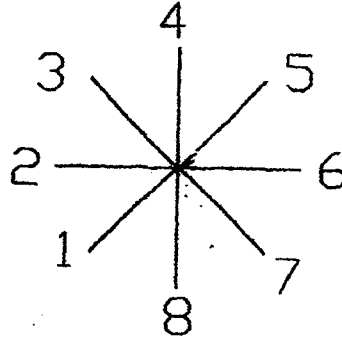
**CUTS**



**KESHA RYU FORMS**

1. Maegoshi
2. Musogaeshi
3. Miginoteki
4. Mawarigake
5. Shiho

**DRAWS**



**WHITE TIGER FORM**

2 1 3 4 5

Test:	Iai Level I	Date:	Signature: _____
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